

# 6 tips to stay safe online

The digital world offers a universe of possibilities, but we also need to be aware of the dangers in this digital world. SMaRT-EU formulated some guidelines on how to stay safe online. Discover them below!

#### 01

Strong passwords are important: using a password manager and/or 2 step verification can help.

04

If something seems

too good to be true.

be aware.

It probably is.

#### 02

When receiving urgent messages that require you to take immediate action like transferring personal information or money: always double check.

#### 05

Inform yourself about new developments online and scams. Ask friends and family for help.

## 03

Ask advice from family, friends or professional workers when navigating the online world.

### 06

Make a backup of your computer and phone data regularly. This can be done on an external hard drive or in the cloud.